

Title	<p><i>What is the name that best describes the good practice?</i></p> <p>Senior Award programme for elderly volunteers</p>
Background and context	<p><i>The challenge that was addressed, the need it was providing for, the aim of the good practice, the context of the project.</i></p> <p>How to motivate elderly to become volunteers. The need – is to get elderly involved in community life, give meaningfulness to their life after retirement. We created Senior Award Programme and seniors could get awards when reached Bronze, Silver, Gold levels.</p>
Target group	<p><i>Size, background, age, etc. of the people it is targeted for</i></p> <p>Elderly volunteers, age 50 +. In Latvia it was a group of 20 persons who participated.</p>
Methodological Approach	<p><i>What methodology has been used in order to address the initial issue and lead to a successful outcome and finally to this good practice? What was the process and in which way it was a participatory process?</i></p> <p>Methods – motivation, non formal methods. Lecture about programme. Adult educators used non formal methods from Training Manual . Manual consists of 4 chapters and 2-3 exercises in each chapter.</p>
Impact	<p><i>What has been the impact of this good practice? What are the key messages and lessons learned to take away from the good practice experience?</i></p> <p>Attracted new volunteers to NGO Grannies.lv and Valmiera City Pensioners organization. Collected materials for resource Library about Volunteering.</p> <p>Key message – You can be active at any age and be useful to your local society.</p>
Challenges and difficulties	<p><i>What are the challenges encountered in applying this good practice? How have they been addressed?</i></p> <p>We could try out only up to Bronze level as there was a time limit. One person is needed as coordinator. Elderly people are not so good at describing their good deeds, especially if Register is digital. Young people and adult educators can help with this.</p>
Adaptability	<p><i>Could this good practice be implemented in other countries in Europe? If so, how, what modifications are needed, if any?</i></p> <p>Yes. Various organizations can adapt this good practice to their needs. The Manual and information about Senior Award programme is available online – www.gogetaward.eu in 5 languages, also in English.</p>

Contact details

What is the link to contact if you want more information on this good practice?

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